AMENDMENTS TO THE CLAIMS:

This listing of claims will replace all prior versions, and listings, of claims in the application:

LISTING OF CLAIMS:

- 1. (currently amended) A composition for human consumption, comprising caffeine, Guaraná caffeine, Yerba Maté, Eleutherococcus senticous senticosus, Panax ginseng, ginger, Glycyrrhiza glabra, ginkgo biloba and fructose.
- 2. (currently amended) The composition of claim 1. wherein further comprising an analgesic is present.

3. (canceled)

- 4. (currently amended) The composition of claim $1_{\underline{\prime}}$ wherein further comprising green tea is present.
- 5. (currently amended) Use of a composition according to claim 1 for promotion of A method for promoting alcohol and acetaldehyde degradation in a subject, comprising administering to said subject an effective amount of a composition according to claim 1.

- 6. (currently amended) The composition according to claim 1, where the composition may be is formulated as a beverage, syrup, dry powder, tablets, granules or sachets.
- 7. (currently amended) An aqueous product <u>comprising</u>

 <u>the composition</u> according to claim 1 <u>wherein</u> <u>and</u> a compound is

 added to make the product effervescent.
- 8. (currently amended) An aqueous product <u>comprising</u>

 <u>the composition</u> according to claim 1 wherein the product is made

 <u>effervescent by carbonation</u> 7 and carbonation.
- 9. (currently amended) A pharmaceutical product comprising the composition according to claim 1.
- 10. (currently amended) A method of producing an aqueous product comprising a composition according to claim 1 comprising:
- a) mixing [[the]] fructose and a dry mixture selected from the group consisting of the dry components soluble in water (i.e. caffeine, Eleutherococus senticocus Eleutherococus senticosus and Glycyrrhiza glabra (Liquorice root), in water,
- b) adding water to the dry mixture in a) in a ratio of
 1:2 [[(]] of dry mixture:water[[)]],

- c) stirring the mixture until all components are dissolved,
- [[c]] <u>d</u>) adding the ingredients (Guaranà, Yerba Matè, ginger, Panax ginseng and optionally ginkgo biloba,
- e) stirring the mixture until a homogenous mixture is obtained,
- f) adding aromatic, flavouring and/or stabilising agents,
- g) optionally diluting the mixture with water (optional) until an optional volume is obtained and optionally,
- h) optionally adding a colouring component to the mixture obtained in a)-e), and or/and
- i) optionally adding a gas, preferably carbon dioxide, to the mixture obtained in a)-e) in order

to give the mixture an effervescent characteristic.

11. (currently amended) Use of a composition according to claim 1 in the manufacture of a product for A method for the promotion of alcohol and acetaldehyde degradation in order to suppress the undesirable effects of excessive alcohol consumption (e.g. headache, cardiovascular disorders, thirst, nausea, shaking, vertigo, fatigue and coordination difficulties) and for preventing treating the onset of symptoms associated with a hangover, comprising administering to a subject in need thereof an effective amount of a compound according to claim 1.

- 12. (new) A composition comprising by percentage / dry weight:
 - 0.001 0.1 % Caffeine,
 - 0.001 0.1 % Guaranà,
 - 0.001 0.1 % Yerba Matè,
 - 0.05 2.0 % Eleutherococcus senticosus,
 - 0.002 0.2 % Panax ginseng,
 - 0.3 30 % ginger,
 - 0.02 2.0 Glycyrrhiza glabra,
 - 0.00 0.2 % ginkgo biloba, and
 - 0 99 % fructose.
- 13. (new) The composition according to claim 12, further comprising an ingredient selected from the group consisting of sugars, flavourings, colourings, vitamins, stabilisers, and whole fruit, wherein said ingredient is in an amount not to inhibit the activity of alcohol and/ or acetaldehyde metabolizing enzymes.
- 14. (new) The composition according to claim 12 wherein said caffeine is in an amount of 0.01 %, said Guaranà is in an amount of 0.01 %, said Yerba Matè is in an amount of 0.01 %, said Eleutherococcus senticosus is in an amount of 0.2 %, said Panax ginseng is in an amount of 0.02 %, said ginger is in an amount of

- 3.0 %, said Glycyrrhiza glabra is in an amount of 0.2 %, said ginkgo biloba is in an amount of 0.02 %, said fructose is in an amount of 75 %, wherein the remainder of the composition further comprises sugars, flavourings, colourings, vitamins, stabilisers, and/or whole fruit powder, and wherein said sugars, flavourings, colourings, vitamins, stabilisers, and/or whole fruit powder are present in an amount that does not inhibit the activity of alcohol and/or acetaldehyde metabolizing enzymes.
- 15. (new) A method for the promotion of alcohol and acetaldehyde degradation in a subject comprising administering to said subject an effective amount of the composition according to claim 12.
- 16. (new) A method for the promotion of alcohol and acetaldehyde degradation in order to suppress the undesirable effects of excessive alcohol consumption and for treating the onset of symptoms associated with a hangover in a subject, comprising administering to said subject an effective amount of the composition according to claim 12.
- 17. (new) A method for the promotion of alcohol and acetaldehyde degradation in a subject comprising administering to said subject an effective amount of the composition according to claim 14.

18. (new) A method for the promotion of alcohol and acetaldehyde degradation in order to suppress the undesirable effects of excessive alcohol consumption and for treating the onset of symptoms associated with a hangover in a subject, comprising administering to said subject an effective amount of the composition according to claim 14.